



Multi-Pure's Emergency Preparedness Kit Suggestions

Congratulations on the purchase of your Multi-Pure Emergency Preparedness kit! The peace of mind that comes from being prepared is worth the time it takes to plan ahead. On the reverse side, we have prepared a list of suggested items you and your family may want to consider adding to your kit.

Remember to include personal items for each person such as medicine, clothing, diapers, etc. You may also want to include emergency phone numbers and some extra cash. We suggest you review your kit contents every year to ensure that items have not expired and to make any adjustments in clothing size or medicine. Ideally, each member of the family should have their own emergency preparedness kit.



ADDITIONAL ITEMS TO PACK IN YOUR KIT:

Suggested Additional Items To Pack

Food & Water:

- Ready-to-eat canned meats, fruits and vegetables
- High-energy foods (peanut butter, jelly, trail mix)
- MRE's - Meals Ready to Eat
- Camping food in water-proof pouches
- Comfort food for stress (hard candy, instant coffee, lollipops, etc)

Warmth & Shelter:

- Hand & body warmer
- Emergency sleeping bag
- Plastic sheeting
- Extra clothing and bedding

Fire & Cooking:

- Trioxane Fuel Fire Starter
- Lexan knife, mess kits or plastic plates, cups and utensils

Storage & Tools:

- Zip-Top bag
- Utility case
- Leather gloves
- Camper's trowel
- Emergency tri-fold shovel
- Sewing kit and scissors

Light & Communication:

- Lightstick
- List of phone numbers & contacts
- Family records (birth, marriage, passports, social security cards, immunization records)
- Inventory of valuable household goods
- Signal flare
- Paper and pencil
- Map of the area
- Bank and credit card account #s and contact information
- Copies of deeds, stocks, bonds, wills
- Insurance policy numbers and contact information

Miscellaneous:

- Coins and dollar bills
- Deck of playing cards
- Sunglasses
- Diapers and formula for baby
- Contact lenses and supplies
- Reading glasses
- Prescription drugs
- Insulin or heart medication

First Aid & Sanitation:

- N95 Respirator mask
- Sunscreen
- Wet towelettes/Baby wipes
- Mosquito repellent
- Enzyme packet for waste
- Toilet paper
- Small garbage bag
- Hand sanitizer/ soap
- Antiseptic
- Disposable toothbrush
- Safety pins, tweezers, comb
- Small bar of soap
- Disposable razor
- Feminine supplies
- Tissue Pack
- Chapstick
- Latex gloves
- Various sizes of sterile pads
- Various sizes of bandages and tape

Education:

- Survival Book
- Book to read for distraction/comfort